

<b>Year</b>	<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
<b>Yr 1</b>	<b>KEY AREA/TOPIC: MULTISKILLS</b>	<b>KEY AREA/TOPIC: MULTISKILLS</b>	<b>KEY AREA/TOPIC: GAMES</b>
	<p>To explore and develop their basic body actions and single movements</p> <p>To copy, repeat familiar actions</p> <p>To make a short sequence</p>	<p>To be still when choosing a balance</p> <p>To repeat two basic actions with support</p> <p>To run, travel forward and stop on request</p>	<p>To explore and experience basic sending and receiving skills</p> <p>To develop skills to throw and pass with some control</p> <p>To observe and comment on what they are doing</p>
	<p>To experience and explore a range of basic body actions which demonstrate simple moods/feelings</p> <p>To copy and repeat a simple sequence of dance movements with support</p> <p>To complete and perform with support dance patterns which reflect emotions</p>	<p>To be still when choosing a balance</p> <p>To repeat two basic actions with support</p> <p>To run, travel forward and stop on request</p>	<p>To identify the person to throw the object to</p> <p>To develop skills to stop with some control</p> <p>To communicate how their body feels after exercise, through sign, symbol and gesture</p>

Yr 2	<b>KEY AREA/TOPIC: MULTISKILLS</b>	<b>KEY AREA/TOPIC: MULTISKILLS</b>	<b>KEY AREA/TOPIC: GAMES</b>
	<p>To use floor mats and low apparatus safely- with support To perform 2 balances at different levels To observe and identify some actions of a partner</p>	<p>To perform slow and fast movements with direction To perform two balances linked together in a sequence To identify all the actions they are doing and how they could improve them</p>	<p>To explore sending and receiving a range of large and small equipment To work collaboratively in a group To use the equipment with more control in a game situation</p>
	<p>To follow simple movements patterns To repeat simple sequences of actions independently To link simple actions together i.e. step patterns independently</p>	<p>To explore travelling and body movements directed by teacher To move in a variety of ways inc height To recognise the need to work in own space</p>	<p>To move to a different space To begin to develop skills to aim at a target To observe and adapt our own performance</p>