

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

George Eliot Menu 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main 1	Jacket Potato with Baked Beans	Chickpea Aloo Chaat with Rice	Tuna Pasta Bake	Veggie Mince Spaghetti Bolognese with Garlic Slice	MSC Fish Fingers with Chips
	Main 2	Chickpea & Vegetable Hotpot	Pasta Neapolitan	Cheese and Pepper Whirl with Roast Potatoes	Lentil and Basil Turnover	French Bread Pizza with Chips
	Dessert	Sweetcorn and Vegetable Crudités Wholemeal Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Carrots Green Beans Rice Pudding with Mixed Berries Yoghurt Fresh Fruit Salad	Green Salad and Coleslaw Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Platter	Sweet corn Peppers Dutch Apple Pie & Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Lemon Drizzle Cake with Milk Yoghurt Fresh Fruit Chunks
Week 2	Main 1	Cheese and Tomato Pizza	Mediterranean Fish with Jacket Wedges	Vegetable Lasagne	Jacket Potato with a Tuna and Sweetcorn	MSC Fish Fingers with Chips
	Main 2	Bean Vegetable Chilli with Rice	Vegetable Noodles	Vegetable Bean Fajitas with Rice	Lentil & Sweet Potato Curry with Rice	Mixed Vegetable Loaf with Chips
	Dessert	Broccoli Carrots Orange Bread & Butter Pudding with Custard Yoghurt Fresh Fruit Platter	Green Beans Sweet corn Wholemeal Banana Loaf Yoghurt Fresh Fruit Chunks	Carrots Courgettes Vanilla Shortbread with Yoghurt Fresh Fruit Salad	Roasted Mixed Vegetables Apple & Raisin Strudel with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Chocolate & Beetroot Brownie with Milk Yoghurt Fresh Fruit Chunks
Week 3	Main 1	Fish Korma with Rice	Macaroni Cheese with Tomato Topping	Creamy Mushroom Pasta Bake	Cheese & Potato Whirl	MSC Breaded or Battered with Chips
	Main 2	Spiced Vegetable Pattie with Rice	Mixed Bean Cassoulet with Rice	Vegetable Stuffed Jacket	Sweet & Sour Vegetables with Noodles	Cheese & Tomato Pizza with Chips
	Dessert	Green Beans Glazed carrots Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Sweet corn Mixed Peppers Apple & Raisin Flapjack Yoghurt Fresh Fruit Salad	Savoy Cabbage Sweetcorn Cheese, Apple and Biscuits Yoghurt Fresh Fruit Chunks	Broccoli Cauliflower Pear Sponge with Custard Yoghurt Fresh Fruit Salad	Garden Peas Baked Beans Milk Yoghurt Fresh Fruit Platter

Available Daily
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt